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#### CYLINDER HEAD

#### Material

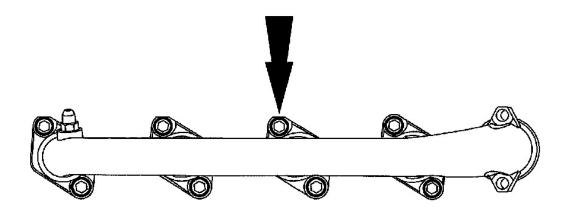
## MATERIAL REFERENCE

Item	Specification
High Temperature Nickel Anti-Seize Lubricant	ESE-M12A4-A
XL-2	

## Disassembly

- 1. Remove the lifting bracket from the cylinder head.
- 2. Prior to removing the exhaust manifold, inspect the exhaust manifold for warpage with a feeler gauge between the manifold and cylinder head. Record the measurement and compare with the specifications.

NOTE: LH exhaust manifold shown, RH similar.



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Fig. 634: Removing Bolts Exhaust Manifolds Courtesy of FORD MOTOR CO.

3. Remove the bolts and the exhaust manifolds.

NOTE: Left cylinder head shown, right cylinder head similar.

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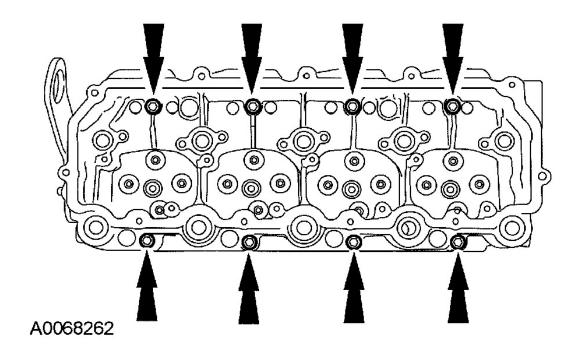


Fig. 635: Identifying Rocker Arm Carrier Bolts Courtesy of FORD MOTOR CO.

- 4. Remove the bolts and separate the rocker arm carrier from the cylinder head.
- 5. Remove the press-in-place gasket.
  - Clean and inspect the gasket. Install a new gasket if necessary.
  - Remove the cylinder head dowels.
  - Clean and inspect the sealing surfaces.

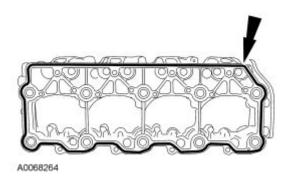


Fig. 636: Identifying Press-In-Place Gasket Courtesy of FORD MOTOR CO.

6. Install the valve spring compressor.

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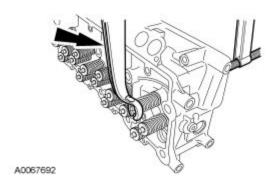


Fig. 637: Installing Valve Spring Compressor Courtesy of FORD MOTOR CO.

NOTE: If necessary, strike the valve stem end with a plastic-tipped hammer to loosen the valve spring retainer keys.

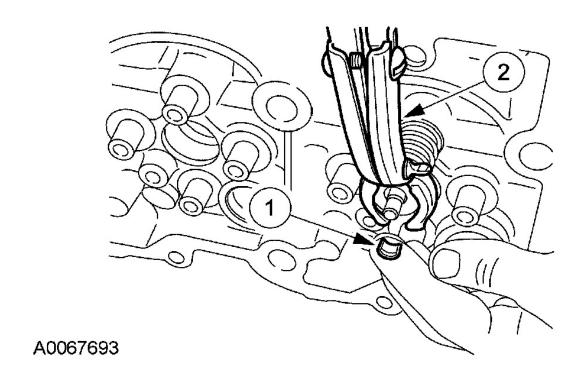


Fig. 638: Removing Valve Spring Retainer Keys Courtesy of FORD MOTOR CO.

- 7. Remove the valve spring retainer keys.
  - 1. Remove the valve spring retainer keys.
  - 2. Remove the valve spring compressor.

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8. Remove the valve spring rotator.

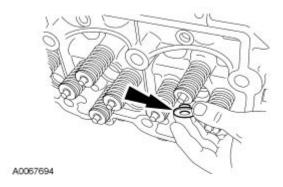


Fig. 639: Removing Valve Spring Rotator Courtesy of FORD MOTOR CO.

9. Remove the valve spring.

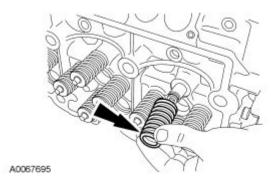


Fig. 640: Removing Valve Spring Courtesy of FORD MOTOR CO.

10. Remove the valve.

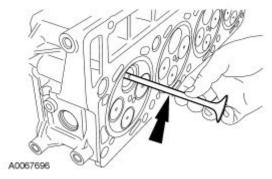


Fig. 641: Removing Valve Courtesy of FORD MOTOR CO.

11. Remove the valve stem seal.

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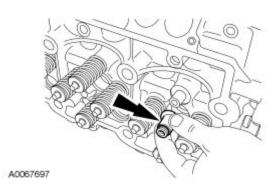


Fig. 642: Removing Valve Stem Seal Courtesy of FORD MOTOR CO.

12. Clean and inspect the valves, valve guides and seats. If they are serviceable, resurface to specification.

## Assembly

1. Install the valve stem seal.

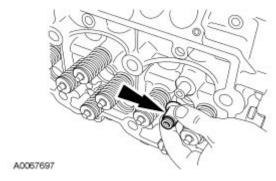


Fig. 643: Installing Valve Stem Seal Courtesy of FORD MOTOR CO.

2. Install the valve.

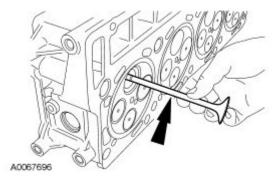


Fig. 644: Installing Valve Courtesy of FORD MOTOR CO.

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3. Install the valve spring.

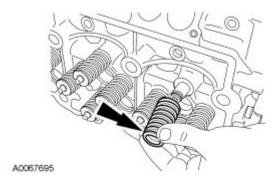


Fig. 645: Installing Valve Spring Courtesy of FORD MOTOR CO.

4. Install the valve spring rotator.

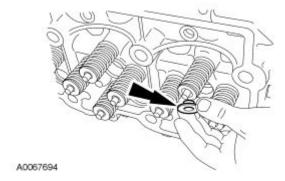


Fig. 646: Installing Valve Spring Rotator Courtesy of FORD MOTOR CO.

- 5. Install the valve spring retainer keys.
  - 1. Install the valve spring compressor.
  - 2. Install the valve spring retainer keys.

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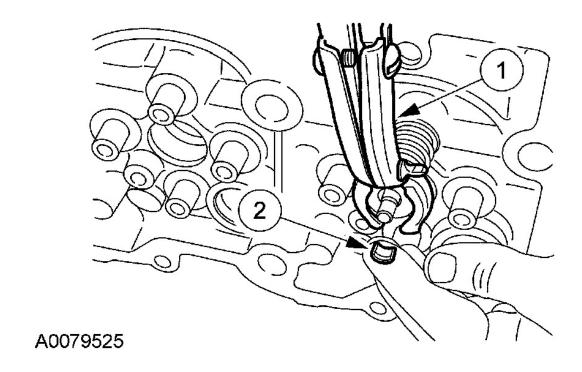


Fig. 647: Installing Valve Spring Retainer Keys Courtesy of FORD MOTOR CO.

6. Remove the valve spring compressor.

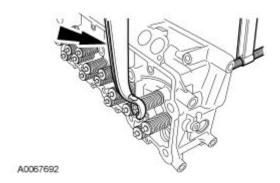
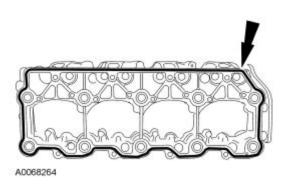


Fig. 648: Removing Valve Spring Compressor Courtesy of FORD MOTOR CO.

- 7. Install the press-in-place gasket.
  - Install new dowels in the cylinder head and install the gasket.

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<u>Fig. 649: Identifying Press-In-Place Gasket</u> Courtesy of FORD MOTOR CO.

8. Install the rocker arm carrier on the cylinder head and install the bolts.

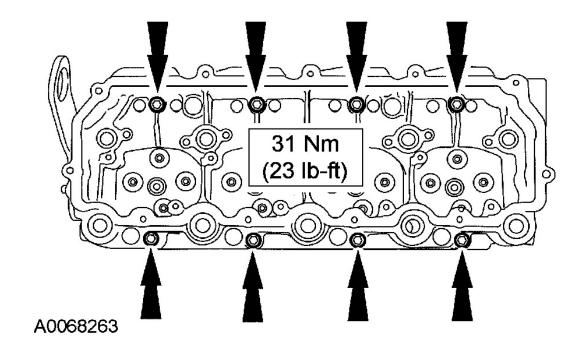


Fig. 650: Installing Rocker Arm Carrier And Bolts With Torque Specifications Courtesy of FORD MOTOR CO.

NOTE: When installing the exhaust manifolds, only use prevailing torque hex

flange bolts with an interference fit.

NOTE: Start installing the bolts with the second bolt from the rear on the top. The

hole diameter is smaller, therefore allowing alignment of the retaining

bolts.

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NOTE: Apply anti-seize lubricant to the bolt threads prior to installing the bolts.

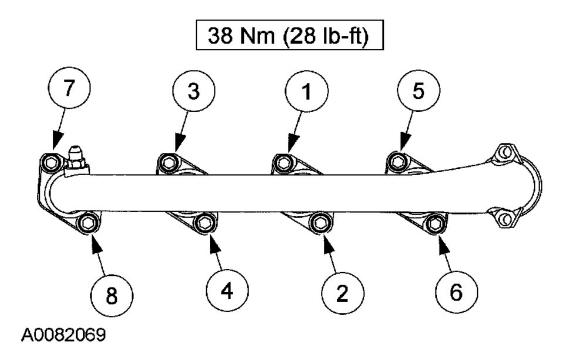


Fig. 651: Identifying LH Exhaust Manifold Bolt Tightening Sequence With Torque Specification Courtesy of FORD MOTOR CO.

9. Install the LH manifold and bolts. Tighten in the sequence shown.

NOTE: When installing the exhaust manifolds, only use prevailing torque hex

flange bolts with an interference fit.

NOTE: Start installing the bolts with the second bolt from the rear on the top. The

hole diameter is smaller, therefore allowing alignment of the retaining

bolts.

NOTE: Apply anti-seize lubricant to the bolt threads prior to installing the bolts.

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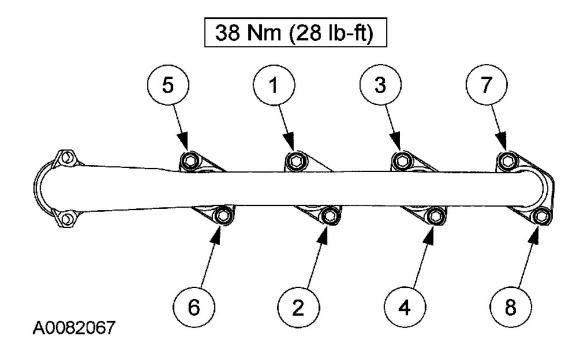


Fig. 652: Identifying RH Exhaust Manifold Bolt Tightening Sequence With Torque Specification Courtesy of FORD MOTOR CO.

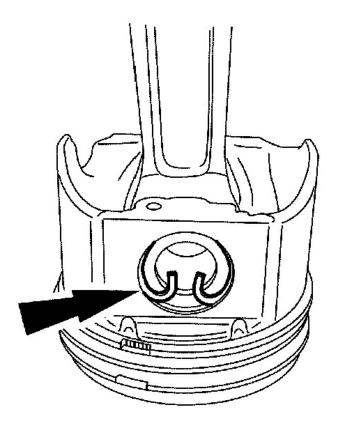
- 10. Install the RH manifold and bolts. Tighten in the sequence shown.
- 11. Install the lifting bracket on the cylinder head.

## **PISTON**

**Disassembly and Assembly** 

NOTE: Mark the connecting rod and piston to make sure correct orientation on reassembly.

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Fig. 653: Removing Piston Pin Retainers Courtesy of FORD MOTOR CO.

1. Remove the piston pin retainers.

The piston pins are a floating type piston pin and should not require a press to remove or install them. NOTE:

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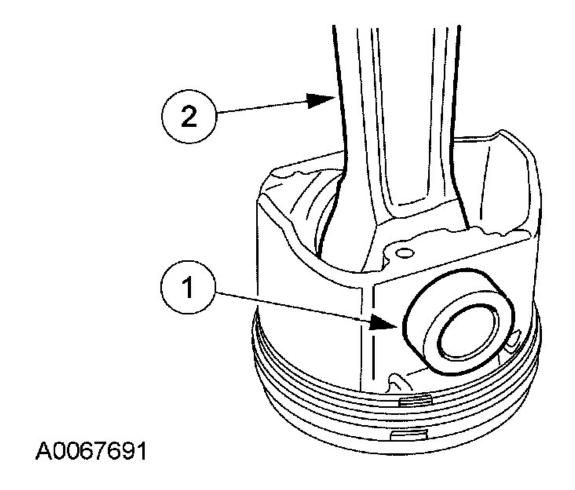


Fig. 654: Removing Connecting Rod Courtesy of FORD MOTOR CO.

- 2. Remove the connecting rod.
  - 1. Remove the piston pin.
  - 2. Remove the connecting rod.
- 3. To assemble, reverse the disassembly procedure.